



Tilton-Northfield Fire & EMS

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The Silent Winter Killer Carbon Monoxide Concerns

Tilton-Northfield Fire & EMS would like to remind the citizens of Tilton and Northfield to take precautions to ensure a safe winter and prevent Carbon Monoxide poisoning. Carbon Monoxide incidents increase in occurrence during the winter months when heating systems are in use and the home is closed up tight for the cold weather.

Carbon Monoxide has no odor, no color or no taste. Carbon Monoxide is a gas that is given off by gas furnaces, oil furnaces, gas water heaters, wood, kerosene, cars, charcoal grills, propane stoves and portable generators.

To protect your family from Carbon Monoxide poisoning please read the flowing tips:

- ***Shovel the snow around exterior vents of your home***
- ***Never use generators, camp stoves, charcoal grills or any other gas or oil burning device in or within 10 feet of your home.***
- *Install a UL listed Carbon Monoxide according to the Manufactures instructions.*
- *Have a qualified technician inspect and service your fuel burning appliances.
Make sure the furnace has adequate air supply*
- *Never use your gas oven to heat your home.*
- *Never run your vehicle inside the garage even if the garage door is open.*

Signs or Symptoms of Carbon Monoxide Poisoning:

- Flu-like symptoms
- nausea
- dizziness
- drowsiness
- weakness
- intense headache
- shortness of breath

Higher levels of Carbon Monoxide can result in unconsciousness or death.

If you are experiencing these symptoms and think you may have a carbon monoxide issue, please call 911 to request help!

If you have any questions please feel free to contact us.